

MARCH 2017

Meskwaki Settlement School



MONDAY

DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cinnamon roll
Cantaloupe

1

Beef & bean burrito
Tortilla chips (9-12)
Salsa, salad
Mexican corn
pineapple

Omelet w/ Tomato
Salsa, Grape

2

Spaghetti
Garlic Bread
Mandarin Oranges
Garden Salad
Green Beans

French Toast
w/ Syrup Fruit Cocktail

3

Taco Salad &
Tortilla Chips
Red Pepper
Refried Beans
Romaine Lettuce,
Watermelon
Cinnamon Puff (6-12)

Pancake
sausage patty
mixed berries

6

Popcorn Chicken
Roll (6-12)Baked
Beans, Cole Slaw
Carrots
Banana

Breakfast pizza
straw-banana

7

Mini Meatball Sub
Potato Wedges
Tossed Salad
Peach

French toast
Sausage links
raspberry parfait

8

White Chicken Chili
Cornbread
Cherry Tomatoes
Cucumber
Apricot

Blueberry bubble bread
Apple & grape's

9

Pepperoni Pizza
Peas, salad, tri taotr,
pineapple

Omelet
Tri-tator
orange

10

Grilled Chicken
Sandwich
Broccoli
Carrots
Fresh Fruit

Waffles w/ Syrup
Apricot

13

Pork Rib on a Bun
Dark Green Leaf
Lettuce
& Tomato Slice
Sweet Potato Puffs
Apple

Cinnamon Roll
Banana

14

Taco Soup
& Tortilla Chips
Salsa, Refried Beans
Strawberries

Breakfast Pizza
Peach

15

Cheeseburger
Green Beans
Tater Tots
Fruit Cocktail
Snickerdoodle

Egg Tacow/ Salsa
Graham Snacks
Kiwi/Pineapple

16

Chicken Quesadilla
Tortilla Chips (9-12)
**Black Bean & Corn
Salsa (9-12)**
Broccoli, Carrots,
Cantaloupe

NO SCHOOL

17

French Toast w/
Syrup, Grapes

20

Slopy joe Lettuce,
Tomato Slice, Fries
Strawberries &
Bananas

Oatmeal toast Yogurt,
mixed berries

21

Chicken Nuggets, Roll
Mashed Potatoes
& Gravy, Salad
Pears

Bagel w/ Toppings
Apple

22

Chili
Tortilla Chips (9-12)
Red Bell Pepper Strips
Cucumber
Peach
Cinnamon Roll

Breakfast Pizza
Sliced Peaches

23

Grilled Chicken
Sandwich
Sweet Potatoes,
Green Beans Grapes
Apple Crisp (9-12)

Blueberry Bubble
Bread
Mandarin Oranges

24

Pepperoni pizza,
baked beans, carrots,
apple salad

Cereal, String Cheese
Fresh Orange

27

Beef & Bean Burrito
Tortilla Chips (9-12)
Salsa Lettuce
Mexican Corn
Banana

Pancake on a Stick
Fruit Cocktail

28

Chicken Chili Crispito
Garden Salad
Carrots, Peaches

Muffin
Tropical Fruit

29

Hamburger on a Bun
Lettuce Tomato
Sweet Potato Fries
Kiwi

NO SCHOOL

30

Spring Break

NO SCHOOL

31

Spring Break

March is National Nutrition Month

National School Breakfast week is March 6th-10th 2017

You're invited...
Please join your student(s) for breakfast on the designated day for his/her grade. The cost is free! Breakfast will be served from 7:50 a.m. to 8:20 a.m.

Grade	Date
PK-K	Mon. 3/6
1-2	Tue. 3/7
3 rd	Wed. 3/8
4 th	Thur. 3/9
5 th	Fri. 3/10

What is : " National School Breakfast Week was launched in 1989 to raise awareness of the availability of the School Breakfast Program to all children and to promote the links between eating a good breakfast, academic achievement and healthy lifestyle." School Nutrition Association

School News

Mar 8 12:30 dismissal, PD
Mar 10 End Q3
Mar 14-16 Conferences
(Elem 14-15 - HS 15-16)
Mar 17 No school, flex day
Mar 30 Apr 4 Spring break

